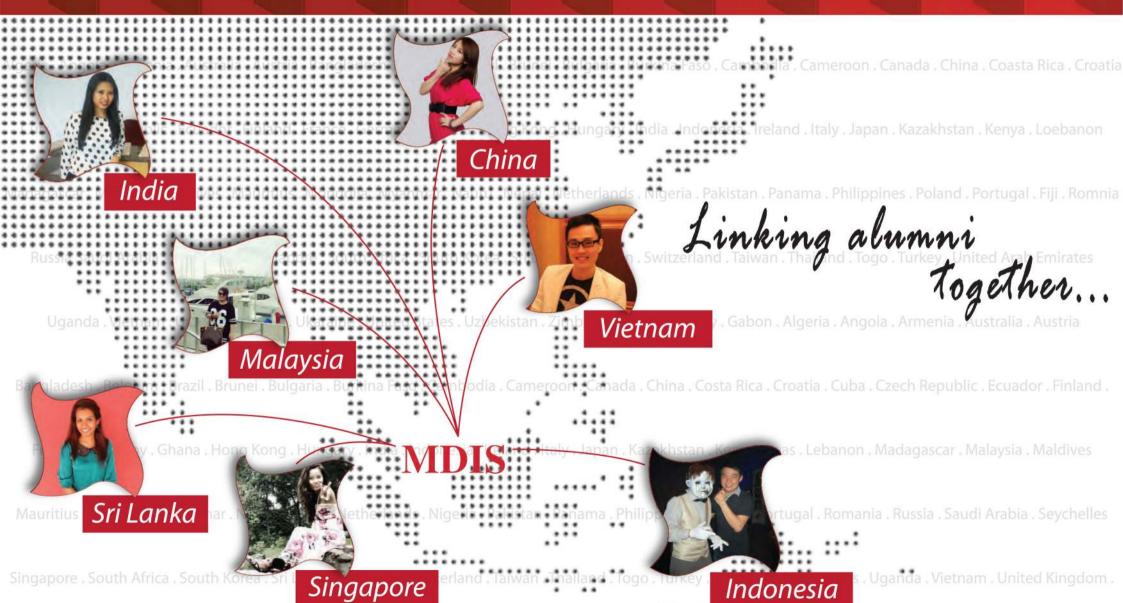
BON MDIS ALUMNI MAGAZINE

2013, Issue 2





Welcome to another issue of BOND magazine.

We have revamped our look to reflect the image of our alumnifresh and upbeat. Here at MDIS, we are committed to always serving our alumni members to help everyone stay connected and remain updated on the latest events and achievements in their alma mater.

One of the priorities on our agenda is to organise more sustainable and engaging activities that will bring members together.

We are also on the lookout for success stories on and from our alumni members.

We hope to feature interesting profiles on our alumni members and to inspire everyone with wonderful success stories and members' achievements after graduating from MDIS.

In this issue of BOND, we feature many happenings in the MDIS Alumni such as a Numbers Decoding workshop, the Bradford Alumni meeting and the MDIS Island Challenge. We also bring you articles on fashion and travel news on cities around the world.

We promise to continue providing support, services and engagement activities for our Alumni members.

Happy Reading!

Tan Gek Khim, PBM Senior Director

MDIS

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"Focus on making yourself better, not on thinking that you are better."

Bohdi Sanders

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YOUR LIFE'S NUMBER

Numbers Decoding...

Ever wonder why some people seem to have the perfect life? We were very honoured to have Master Max Liang at the seminar on the power of numbers.

This workshop was worth attending to learn how we can determine fate and destiny in our life by using numerology. Master Max Liang shared with MDIS Alumni on

characteristics of a person and using their sensory language to handle better communication. It was very exciting as Master Max Liang brought us a life code to understand our personality, career, business partner, marriage, relationship and compability with the people around us.

Alumni Spirit

Reunion is a great way for alumni to meet and re-establish links with old friends. The University of Bradford (UOB) Alumni meeting was therefore initiated and organised by MDIS Membership and Alumni Relations Department.

UOB graduands were invited to join this exclusive seminar by Dr. Sarah Dixon, Dean of Bradford University, School of Management.

Dr. Dixon shared with the alumni on how organisations can thrive in a rapidly changing and complex environment. She also revealed that the approach on organisational adaptation is best suited for the success of an organisation.

The excellent turn-out of the UOB Alumni concluded a successful and fruitful networking meeting.



"MDIS Travel Challenge 2013" is an island wide game whereby participants grouped into teams of three and they were flagged off at MDIS Campus.

Pasir Ris East Community Club, Hwi Yoh Community Centre, Jurong Spring Community Centre and Punggol Park Community Centre were the pit-stop locations for the island challenge. At each location, MDIS Alumni were required to solve a series of quizzes and tasks which included "MDIS Jigsaw Puzzle", "Guess The Number 1234", "Spot The Difference" and "4 Pics 1 Word". These games were designed to test the participants' spelling, visual, mental calculation and memory skills.

Each participant was allowed to spend only S\$10 on MRT and public buses to travel the quickest and most efficient way possible to the four community centres. They were penalised for every dollar over spent and rewarded for every dollar saved. They were also challenged on how savvy they were in spending the money allocated to them.

MDIS Travel Challenge had created a platform for the alumni to enjoy interactive and challenging activities. This also helped to connect our MDIS Alumni members.

TRAVEL island wide with just \$\$10?

A total of 20 teams comprising MDIS Alumni and students pitted their competitive skills against one another in the inaugural MDIS Island Challenge which was held on 18 May 2013, Saturday.















FASHION VS. STYLE

Fashion and style. Two words that are at the forefront of the modern world today. Gone are the days of uniform plain clothes – today, even vintage items can be considered stylish.

But what is style? What is fashion? Are they one and the same? Come, let's find out.

Fashion is, simply put, a guide to a style that people create according to their likings. It is how you incorporate the latest fashion to your wardrobe so that it will suit your comfort and personality.

Style is a form of art that allows you to express yourself to serve as an extension of your personality to the world. Therefore, it should be based on what you find is interesting and nobody else!

Trend Report

Camouflage print is one of the current fashion trends now. How you pair it depends on your style in creating a look to suit your personality. This look is inspired for an outdoor street-style.

OFFICE



Trend Report

Floral print is also a current trend obsession. This look is inspired for office wear by opting for loud colours. You can throw a blazer on during working hours for a formal look. Remove the blazer for a casual night out with your friends or colleagues.

Style is an expression of one's inner self and it is not a reflection of other's expectations. It should be enjoyed as a form of art; personal expressions mixed with charisma – it is the only way people can get to know you without actually having to speak. It gives others an idea of your personality.

For fashion, time is of essence. It is what is 'in' during that specific time or season whereas style is permanent and timeless. Fashion is cyclical in nature and remains in vogue for a certain period of time until it is displaced by another trend.

Style should always be about having fun, experimentation and as an escapism and into a world of creativity, imagination, confidence and inspiration.

This article is contributed by Sonya Patcharapinyopong, MDIS Alumni member.

OUTDOOR





to the culture. I completely did not anticipate it to be as fun and enjoyable as it was.

The first thing I noticed that was perfect about Barcelona was the impeccable weather. It was sunny, yet there was a cool breeze every once in a while. An amazing weather to wear shorts and a tank top, but you would definitely not complain about the heat like you would in Singapore.

This article is contributed by Tyn, MDIS Alumni member.

I am practically salivating over the thought of piping hot seafood paella in front of me. The paella is what the Italians would call 'risotto'. It is a rice dish topped with all kinds of fresh seafood such as clams, prawns, scallops and squid. I specifically enjoyed the famous dessert, Crema Catalana. It is very similar to Crème Brulée, but I later found out that the Crema Catalana was invented before the Crème Brulée.

Another thing I missed the most about Spain are the beaches. Unlike Singapore, there is no humidity to trigger perspiration and make you sticky. The weather was so cooling and the warmth of the sun was just right. The sea was beautiful and along the beaches were rows of shops that were restaurants by day and clubs by night. There were also plenty of pubs for tourists to just chill and watch the clear sky and crashing waves. Like any other popular tourist destinations, there were many people on the beaches but not overly crowded or claustrophobic.

Although I have never considered Barcelona to be a top ten travelling destination, I would definitely like to revisit the beautiful city and explore more of Spain. I am sure cities like Madrid would be as fun and exciting, or a peaceful countryside like Montserrat would be relaxing and soothing. For now, I have the beautiful Barcelona to dream about, and when I do finally visit this city again, I might just be the one providing the tour.





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